



Ask Sarah's Spring Cleaning Checklist

Every Room

- Dust up high – including cornices, light fittings and fans
- Clean air conditioner vents
- Dust all surfaces
- Clean the windows and windowsills
- Wash any blinds or curtains
- Vacuum/wash floors
- Dust baseboards
- Wipe over electrical outlets and light switches
- Check doors and walls for grubby finger marks and clean, if needed
- Wash walls with microfiber flat mop

Bedrooms

- Clear anything from under beds and vacuum
- Go through wardrobes and drawers and donate or discard anything broken, stained, ill fitting or no longer wanted.
- Clean out bedside tables
- Strip beds and remake with clean linens

Study/Storage/Laundry

- Clear old papers from filing system and shred
- Organise office supplies, throw out pens that don't work and refill any empty supplies like tape dispensers
- Organise storage areas
- Sort and fold linens, make a list of things that need replacing
- Clean iron sole plate & steam mechanism
- Clean washing machine (run empty on hot wash with a cup each bicarb and vinegar)
- Throw away empty or unused cleaning products and make replacement list
- Throw away mop heads, sponges and gloves that are in poor repair and write replacement list

Bathroom

- Throw out old medicines (safely), old cosmetics and personal care products and make a list of replacements to be bought
- Clean bath, shower, sink and toilet
- Clean or replace toilet brushes and toilet roll holders
- Replace any plugs that are badly worn
- Wash or replace shower curtain, if you have one
- Wash or replace shower caddy, if you have one
- Clean mirrors
- Clean exhaust fans



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Living Room

- Vacuum upholstered furniture
- Clean knick knacks
- Wash removable cushion covers
- Clean lampshades
- Wipe over framed pictures and clean glass
- Wipe grime from remotes

Kitchen

- Clean oven and stove top
- Clean exhaust fans and filters
- Wash kitchen bin
- Remove spoiled food from fridge and freezer
- Wash fridge inside and out
- Clean cupboard fronts
- Clean microwave
- Clean and de-scale kettles and coffee makers
- Polish sink
- Wipe bench tops
- Clear pantry of expired items and move items that need using up to the front
- Arrange for the cleaning/replacement of water filters and purifiers